



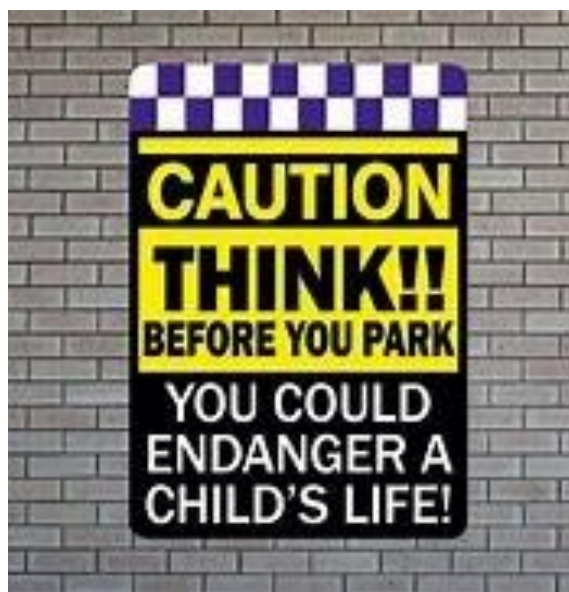
Newsletter 2nd December 2022

PUPILS OF THE WEEK



Reception	Isabelle Smith
Year 1	William Warburton
Year 2	Evie Buchanan
Year 3	Phoebe Derbyshire
Year 4	Theo Garner
Year 5	Sam Pendrill
Year 6	Oliver Pennington
Kindness Award	Rhiannon Jones
Citizen of the Week	Hannah Moore

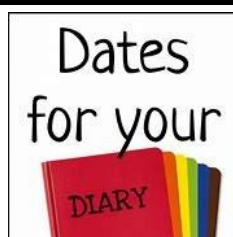
PARKING - UPDATE:



- Please do not use the staff car park as a turning circle
- Please do not do 3-point turns directly in front of school
 - Please do not park on the yellow zig zags

We ask you these things to ensure the **safety of our pupils.**

DATES FOR YOUR DIARY

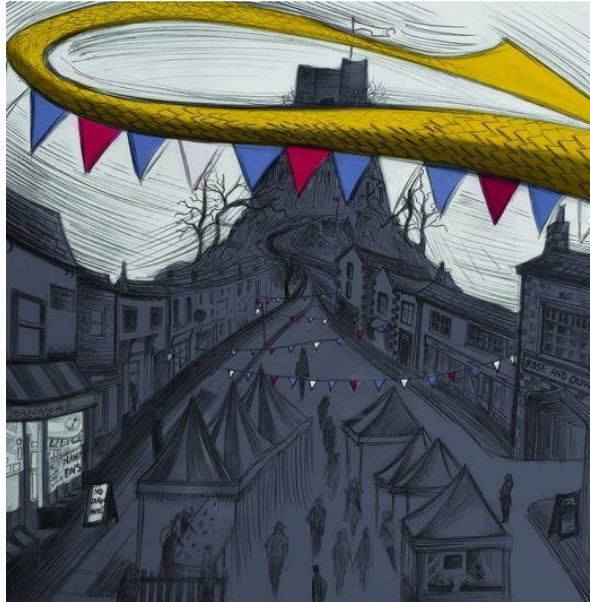


Wed 7 th Dec	KS1 Nativity at 2pm
Thurs 8 th Dec	2.30pm – Reception Christmas Play Musical Theatre performance at 4.10pm – PLEASE NOTE NEW TIME KS1 Nativity at 6pm
Fri 9 th Dec	Christmas Jumper Day – NON UNIFORM with a Christmas Jumper
Tues 13 th Dec	6.15pm – Carols by Candlelight for KS2
Wed 14 th Dec	Children's Christmas Lunch in school Rainbow Team Christmas Parties in the afternoon Children can wear party clothes to school today
Fri 16 th Dec	Break up for Christmas at normal time

Learning together with enjoyment, challenge and Christian Values, we enable everyone to succeed.

Author Visit

On Monday, we had a visit from the wonderful local author, Sophie Stewart. Sophie is the author of *The Best-Kept Secret* and delivered two fantastic workshops to Year 5 and Year 6.



You can order copies of her book, which is set in our local area, from her website www.stonehillpress.co.uk

If you include your child's name in the notes on the online order form, she will personalise a message and sign the book for them.

PTA Calendar

Friends of WWB have organised a school calendar made up from photos taken by some of our school children. The photos are wonderful and it is a real celebration of our locality and the nature that surrounds us!

These calendars are now available to purchase from school at £10.00 each.

Please ask at reception or see Grace/Charlotte.

Your support is always much appreciated.

FRIENDLY REMINDERS



- Year 3 Swimming on Wednesday afternoons – this is the last one!
- We are a NUT FREE SCHOOL – please don't send food items into school (snacks or packed lunches) that contain nuts.
- Please ensure that your child wears/brings a waterproof/warm coat to school every day. With the weather being quite unpredictable, we need the children to have their coats ready as we do try and get them outside come rain or shine.
- It is Christmas Jumper Day next Friday – children (and staff!) can wear their Christmas Jumpers with NON UNIFORM.

Safeguarding

The Designated Safeguarding Leads for School are:

Mrs White

Mrs Madeley

Mr Stell

Please do not hesitate to contact us if you have any concerns at all about children's welfare.

CONTACT US



Please always request to speak to your child's class teacher as first point of contact if you have a query or concern. If it cannot be resolved with the teacher, a member of the Senior Leadership Team will aim to make themselves available to you as soon as possible.

School contact details: 01200 422915 or bursar@wwb.lancs.sch.uk

Visit us on the web at [Home | Waddington and West Bradford C.E. Primary School \(wwb.lancs.sch.uk\)](#)

Follow us on FACEBOOK - Waddington and West Bradford Primary School

Attendance

Week commencing 28th November 2022

We are aiming for every child/class to have at least 96% attendance

Class	Attendance Percentage
Reception	98.6%
Year 1	89.5%
Year 2	98.0%
Year 3	91.6%
Year 4	94.0%
Year 5	97.2%
Year 6	98.0%

Well done Reception, Year 2, Year 5 and Year 6!

Learning together with enjoyment, challenge and Christian Values, we enable everyone to succeed.

Rainbow (House) Team Points

The Rainbow team that has the most points at the end of the half term gets to come in non-uniform the first Friday back after half term. An email will be sent next Friday to confirm the winners.

Week	Winners
w/c 31-10-22	BLUE
w/c 7-11-22	YELLOW
w/c 14-11-22	INDIGO
w/c 21-11-22	GREEN
w/c 28-11-22	YELLOW

Learning together with enjoyment, challenge and Christian Values, we enable everyone to succeed.

Ice Painting

Reception and Preschool have been learning about melting and freezing. Today, they made some frozen paint and used it to paint with. Preschool also made a beautiful ice window with leaves frozen into it ❄️🌸🍂



Learning together with enjoyment, challenge and Christian Values, we enable everyone to succeed.

Year 1 – FIRE! FIRE!

Year 1 have produced some excellent writing this week based on their theme
'Fire! Fire!'

They have been focussing on words ending in -ed.

How amazing is their writing!

Learning together with enjoyment, challenge and Christian Values, we enable everyone to succeed.



Walk and Talk

On their walk and talk this week, Reception visited Charlotte's farm land. They identified Winter trees by the leaves they had shed, talked about why the sheep had so many colours on them, spotted bird boxes, mole hills, Holly and St. Helena Church too! 🍁🍂🌿

Learning together with enjoyment, challenge and Christian Values, we enable everyone to succeed.





Online Safety

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down a rabbit hole that isn't beneficial to our wellbeing. As platforms grapple with managing 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which enthrals young people, but we can still help children to be mindful of their mental wellness: recognising when something isn't OK ... and knowing what to do about content that upsets them.

In the guide, you'll find tips such as how to hide content, setting daily limits and discussing what children have seen online.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so entrals young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK... and knowing what to do about content that upsets them.

1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.

6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider creating a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert

Shazia Sarwar-Azim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



Source: <https://www.bbc.com/news/technology-62046505>
<https://psousa.co.uk/help/tech/social-media-040221/>

NOS National Online Safety
#WakeUpWednesday



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.11.2022

Learning together with enjoyment, challenge and Christian Values, we enable everyone to succeed.

Pantomime Visit and Christmas Fair

A write up and photos will follow next week!



Thank you to everyone for your positive contributions to school life and your friendliness.