



PSHE Education Policy

Waddington and West Bradford CE Primary School

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Date reviewed: September 2026

Next review: September 2027

I. Purpose and Rationale

At Waddington and West Bradford CE School, PSHE education is a planned, developmental programme that helps pupils acquire the knowledge, understanding, skills, and attitudes to manage their lives safely and well. It supports spiritual, moral, social, and cultural development (SMSC) and prepares pupils to be confident, healthy, respectful, and responsible citizens.

As stated on our School Website, all stakeholders share the vision that 'In our Christian family, we Encourage, Serve and Respect everyone and shine in the light of Jesus.

As members of God's family, at Waddington and West Bradford Church of England Primary School, we aim to love one another as Jesus loves us. (John 15 :12-13)

We do our best to Encourage, Serve and Respect everyone. (1 Thess 5:11)

Our Christian values of compassion, hope, joy, forgiveness, and courage are at the heart of school life and guide our behaviour towards each other, our local community and the wider world. Together we build each other up to be the person God has created us to be and shine in the light of Jesus.

SHINE:

Serve God and be courageous, just as Jesus was courageous.

Help one another to have compassion and learn forgiveness and respect.

Individuals support each other and bring joy to the community.

Nurture everyone in a safe environment where all are celebrated and we care for our planet.

Encourage each other to be the person God created us to be.'

Our PSHE programme is distinctively Christian, reflecting the school's core values of respect, compassion, responsibility, honesty, perseverance, and community, which underpin the ethos of our school. These values guide the teaching of PSHE, ensuring pupils learn to care for themselves, others, and the wider community in alignment with Christian teachings.



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- PSHE education aligns with **statutory requirements** for *Relationships Education* and *Health Education* in primary schools, and incorporates guidance from the **SCARF PSHE programme**.
- From **September 2026**, the statutory curriculum emphasises safe relationships, mental and physical wellbeing, online safety, and personal development.
- PSHE contributes directly to the school's **Ofsted framework**, supporting the *Personal Development* and *Wellbeing* of pupils.

2. Aims

PSHE at Waddington and West Bradford CE School aims to help pupils:

1. Develop self-awareness, confidence, and a positive moral compass.
2. Make and maintain healthy and respectful relationships, guided by Christian compassion and respect.
3. Understand physical and mental health, wellbeing, and resilience.
4. Recognise risks and make safe choices, including online and social situations.
5. Value diversity and challenge prejudice, reflecting our Christian commitment to equality and inclusion.
6. Understand rights, responsibilities, and the importance of community.
7. Develop economic wellbeing and basic financial capability.
8. Prepare for life transitions with resilience, perseverance, and care for others.

3. Curriculum Framework

Scheme and Structure

We use the **SCARF PSHE programme** (Safety, Caring, Achievement, Resilience, Friendship) by Coram Life Education as the foundation of our PSHE curriculum. SCARF:

- Provides age-appropriate, progressive lessons from Reception to Year 6.
- Uses a **spiral curriculum**, revisiting and deepening key concepts.



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- Supports **skills development** in empathy, self-regulation, and moral decision-making.

SCARF link: <https://www.coramlifeeducation.org.uk>

Core Units

SCARF units are delivered through six themes:

1. Me and My Relationships
2. Valuing Difference
3. Keeping Myself Safe
4. Rights and Respect
5. Being My Best
6. Growing and Changing

These units incorporate statutory content for Relationships and Health Education and embed the school's Christian values throughout.

4. Christian Values Integration in PSHE

Our Christian values underpin every aspect of PSHE:

Value	PSHE Application
Respect	Learning to value oneself and others, appreciating differences, aligning with "love your neighbour" principles.
Compassion	Encouraging empathy and kindness through relationships, anti-bullying, and community initiatives.
Responsibility	Making safe, healthy, and ethical choices for self and others; stewardship of the environment.
Honesty	Fostering truthful communication and integrity in relationships.
Perseverance	Building resilience and a growth mindset through challenges in learning and personal development.



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Value PSHE Application

Community Understanding rights and responsibilities, contributing positively to school and society.

By linking Christian values to PSHE, pupils not only meet statutory learning objectives but also develop **spiritual and moral understanding** consistent with the school ethos.

5. Curriculum Breakdown

Unit	Key Focus	Christian Value Links
Me and My Relationships	Emotions, friendships, conflict resolution	Respect, Compassion
Valuing Difference	Inclusion, diversity, anti-bullying	Respect, Community
Keeping Myself Safe	Online safety, risk awareness, wellbeing	Responsibility
Rights and Respect	Rules, rights, community participation	Responsibility, Community
Being My Best	Healthy lifestyles, resilience, achievement	Perseverance, Honesty
Growing and Changing	Body changes, emotions, age-appropriate RSE	Compassion, Respect

6. Legal and Statutory Requirements

- PSHE delivers statutory **Relationships Education** and **Health Education** in line with DfE guidance.
- Non-statutory RSE content is age-appropriate, factually accurate, and delivered sensitively, with parental consultation and right to withdraw.
- PSHE also contributes to the school meeting **Ofsted personal development criteria**, including pupils' readiness to manage future challenges.



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References:

- [DfE Relationships & Health Education](#)
- [PSHE Association Statutory Guidance](#)

7. Teaching and Learning Approaches

- Weekly dedicated PSHE lessons, reinforced across all curriculum areas.
- Interactive, inclusive approaches: circle time, role-play, discussion, reflective tasks.
- Safe learning environment with established ground rules.
- Christian values highlighted in discussions and moral reasoning activities.

8. Safeguarding and Sensitive Issues

- PSHE aligns with the school's **safeguarding policies**.
- Staff trained to manage sensitive disclosures and refer concerns to the Designated Safeguarding Lead.
- Topics such as consent, online safety, and healthy relationships are handled in age-appropriate ways.

9. Inclusion and Equal Opportunities

- PSHE is fully inclusive, differentiated for SEND and vulnerable pupils.
- Promotes equality, challenges prejudice, and reflects our commitment to Christian values of compassion and respect.

10. Assessment and Evidence of Progress

- Formative assessment through discussions, reflections, and teacher observations.
- Pupils self-assess against SCARF "I can..." statements.



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- Evidence of progression supports Ofsted personal development evaluation.

II. Roles and Responsibilities

- **Governing Body:** Policy oversight and compliance.
- **Headteacher & SLT:** Implementation, monitoring, staff support.
- **PSHE Lead:** Curriculum planning, resource management, training.
- **Teachers:** Delivery, modelling values, addressing pupil needs.
- **Parents/Carers:** Engagement in curriculum, supporting learning at home, consultation on RSE.

12. Parental Engagement

- Curriculum overview shared with parents.
- Non-statutory RSE content discussed with parents, with opportunity to withdraw.
- Guidance and resources for home support provided.

13. Monitoring and Review

- Annual review of policy, curriculum, and impact.
- Monitoring through lesson observation, pupil voice, and work sampling.
- Findings inform school improvement planning and staff development.

14. Links and Resources

- SCARF PSHE Programme: <https://www.coramlifeeducation.org.uk>
- PSHE Association Statutory Guidance: <https://pshe-association.org.uk/guidance/ks1-4/statutory-rshe>



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- DfE Relationships & Health Education Guidance:
<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>
 - Ofsted Education Inspection Framework:
<https://www.gov.uk/government/publications/education-inspection-framework>
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15. Policy Approval

This policy was approved by the Governing Body on: September 2026