



Are you ready for school?

Make sure your child is ready to start school with us!

Use this sheet as a guide and make sure they have mastered these skills. This will give them the very best start at school.

Self-Care

- ✓ I can wipe my nose
- ✓ I can ask for help if I don't feel well

Getting Dressed and Undressed On My Own

- ✓ I can button and unbutton my clothes
- ✓ I can put my own shoes and socks on
- ✓ I can put my coat on and use a zip

Going to the Toilet

- ✓ I ask when I need to go to the toilet
- ✓ I can go to the toilet on my own
- ✓ I can wipe myself properly and flush
- ✓ I can wash and dry my hands without any help

Routines

- ✓ I have practised putting on my uniform and getting ready to leave on time
- ✓ I have a good bedtime routine so I'm not feeling tired for school (around 7pm)
- ✓ I am learning to eat at the times I will on school days
- ✓ I can confidently leave my parents or family when coming in to school

Sharing and Turn Taking

- ✓ I can share toys and take turns
- ✓ I can play games with others
- ✓ I can interact with other children



Counting Skills

- √ I like saying number rhymes and playing counting games
- √ I try to count up to 10
- √ I can recognise some numbers
- √ I am beginning to write some numbers

Speaking and Literacy

- √ I can sit and listen to stories and look at picture books with an adult
- √ I can ask an adult when I need something
- √ I am able to talk about myself and feelings (e.g. I am feeling happy)
- √ I can recognise my name when it is written down

Eating

- √ I will try new foods
- √ I can use cutlery and try to cut up my own food
- √ I can drink from an open cup without spilling

Writing Skills

- √ I enjoy making marks
- √ I am learning to write my name
- √ I am practising holding a pencil

Listening and Understanding

- √ I am able to sit still and listen for a short while
- √ I can follow instructions
- √ I can respond to ideas expressed by others